



Cancer & Sexuality Resources

Resources for women, men & couples...

Dr. Anne Katz, Author of...

- Women Cancer Sex
- Men Cancer Sex
- Sex When You're Sick

<http://www.drannekatz.com/>

Healthy Sexuality After Cancer by A Woman's Touch

http://www.a-womans-touch.com/sex_counselor.php?articleID=3242

Intimacy After Cancer: A Woman's Guide by Sally Kydd

Penile Rehabilitation after Prostate or Pelvic Surgery or Radiation by A Woman's Touch Sexuality Resources, Myrtle Wilhite, MD, MS

http://www.awomanstouchonline.com/dr_myrtle.php?articleID=3237

Sexuality & Intimacy in Cancer Survivorship by Sage Bolte, Ph.D., LCSW, OSW-C

<http://www.cancereducation.com/medclips2/abda/abdascripts.pdf>

Sexuality & Intimacy by the Leukemia & Lymphoma Society

<http://www.lls.org/diseaseinformation/managingyourcancer/treatmentnextsteps/sideeffects/sexualityintimacy/>

Sex Matter for Women: A Complete Guide to Taking Care of Yourself. A book by Sallie Foley, Sally Kope and Dennis Sugrue. (Particularly relevant chapters: * Sexual Response * Reproduction & Beyond * Body Image * Illness & Disability * When Sex Causes Pain * Overcoming Low Sexual Arousal & Desire * Overcoming Orgasm Difficulties * Exercises for Sexual Growth.

Sex and Men with Cancer by the American Cancer Society

<http://www.cancer.org/Treatment/TreatmentsandSideEffects/PhysicalSideEffects/SexualSideEffectsinMen/SexandMenwithCancer/index>

Sexuality & Reproductive Issues by the National Cancer Institute

<http://www.cancer.gov/cancertopics/pdq/supportivecare/sexuality/Patient/page1/AllPages#1>

Sexuality for Women with Cancer by the American Cancer Society

<http://www.cancer.org/Treatment/TreatmentsandSideEffects/PhysicalSideEffects/SexualSideEffectsinWomen/SexualityfortheWoman/index>

Sexy After Cancer

<http://www.sexyaftercancer.com/>

Sexy After Cancer, Radio Spot

<http://www.audioacrobat.com/play/W7x1G99s>

The Lovin' Ain't Over: The Couples Guide to Sex After Prostate Disease by Ralph Alterowitz.

The Lovin' Ain't Over for Women with Cancer by Ralph Alterowitz.

Vaginal Renewal by A Woman's Touch Sexuality Resources, Myrtle Wilhite, MD, MS

http://www.a-womans-touch.com/sex_counselor.php?articleID=3069

For Health Care Professionals...

Helping Couples Cope with Women's Cancers: An Evidenced Based Approach for Practitioners by Karen Kayser.

Sexuality Issues in Cancer Care by Seminars in Oncology Nursing (14 Journal Articles available)

[http://www.seminaroncologynursing.com/issues?issue_key=S0749-2081\(08\)X0002-6#](http://www.seminaroncologynursing.com/issues?issue_key=S0749-2081(08)X0002-6#)

To Find a Certified Sex Therapist near you...

American Association of Sexuality Educators, Counselors & Therapists (AASECT)

<http://www.aasect.org/directory.asp>

Positive daily affirmations can be very helpful...

Here is an example from Oncology Counselor, Sage Bolte

"I will do everything I can to love and enhance my body and its' healing. I will do everything I can to love and enhance the way I feel about myself."